

# **Aging in Northern Arizona**

# **Population & Demographics**

There is a lot to learn about aging in Northern Arizona. This report is a starting place for understanding the aging population and local demographics. It includes information about the total population, race/ethnicity, age distribution, age dependency ratio, and projected population growth in the next seven years.



#### Area of Interest

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Counties inside Northern Arizona

# Current Total Population 764,476

People Northern Arizona

#### 66,054

People Apache County, AZ

# 144,705

People Coconino County, AZ

#### 237,830 People

Yavapai County, AZ

#### 214,229 People

Mohave County, AZ

## 107,110

People Navajo County, AZ

Sources: US Census Bureau ACS 5-year 2018-2022



Sources: US Census Bureau ACS 5-year 2018-2022

## Median Age 46.1 Years Old

7

Northern Arizona

# 35.6

**Years Old** Apache County, AZ

## 31.7

Years Old Coconino County, AZ

# 54.5

**Years Old** Yavapai County, AZ

**52.9** Years Old Mohave County, AZ

38.7

**Years Old** Navajo County, AZ

Sources: US Census Bureau ACS 5-year 2018-2022

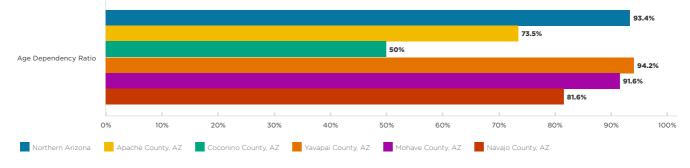
ì	Older Adults 25% Population Age 65 and Over Northern Arizona
	16% Population Age 65 and Over Apache County, AZ
	13% Population Age 65 and Over Coconino County, AZ
	<b>32%</b> Population Age 65 and Over Yavapai County, AZ
	<b>31%</b> Population Age 65 and Over Mohave County, AZ
	19% Population Age 65 and Over Navajo County, AZ

Sources: US Census Bureau ACS 5-year 2018-2022

# What portion of the population may be dependent on others for economic and caregiver assistance?

Security is an essential human need, and it is closely tied to the age dependency ratio in our communities. The age dependency ratio compares the number of people who are considered economically dependent (under 15 or over 65) to the number of people who are potentially economically productive (ages 15-64). **In Northern Arizona, this ratio is 93.4%**, indicating a significant number of people who may rely on others for support. This is **greater than both the Arizona ratio of 67.5% and the US ratio of 63.0%.** Understanding the age dependency ratio helps policymakers and community leaders identify areas where additional resources and support may be needed to ensure the security and well-being of the entire population.

#### Age Dependency Ratio (The higher the ratio, the greater the demand for caregivers)

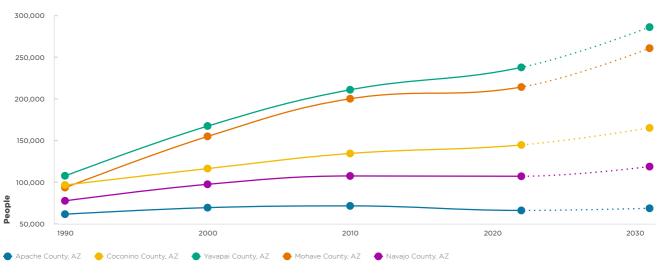


Sources: US Census Bureau ACS 5-year 2018-2022

#### **Population Growth**

The total population of Northern Arizona is projected to grow by 18% between 2023 and 2031. These trends indicate the need to plan for increased infrastructure, services, and resources to accommodate the growing populations in these counties.

#### **Total Population**

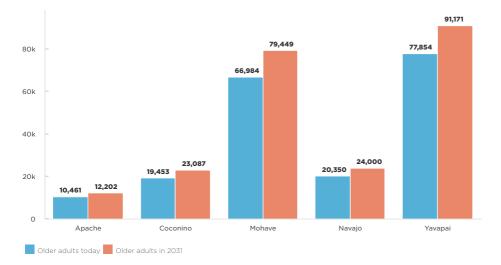


Sources: US Census Bureau; US Census Bureau ACS 5-year

#### **Older Adult Population Growth - by the numbers**

The older adult population, defined as being age 65 years and older, of Northern Arizona is projected to grow. **By 2031, an additional 34,807 older persons will live in these five counties.** These trends demonstrate the specific need for programs targeted at older adults, including access to increased caregivers, health and social services, and resources to accommodate the growing older adult population in these counties.

Current and Projected Population aged 65 years and older by 2031



Sources: US Census Bureau; US Census Bureau ACS 5-year

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